



PASSPORT TO LANGUAGES

"Kindness Connects Us All"

Updated April 16, 2021

Federal and state health officials have asked vaccine providers to temporarily stop using the Johnson and Johnson vaccine. This is so they can review six cases where women ages 18 to 48 developed a rare and severe type of blood clot. More than 6.8 million doses of the J & J vaccine have been used in the U.S.

It is common for people to have mild side effects for a few days after getting vaccinated. These can include a headache, fever, or tiredness.

If you develop severe headache abdominal pain, leg pain or shortness of breath within three weeks after vaccination you should call 911 or go to an emergency room. Tell your provider you had the Johnson and Johnson vaccine.

THE JOHNSON & JOHNSON (JANSSEN) COVID-19 VACCINE

032421 ENGLISH

The Johnson & Johnson/Janssen (J&J) vaccine is one of 3 vaccines approved for adults in the U.S. It is normal to have more than one vaccine to fight the same virus.

All vaccines that have been approved are very good at protecting against serious illness, hospitalization and death from COVID-19. All are recommended by health experts.

The J&J vaccine needs one dose and offers protection 2 weeks after getting the vaccine. Studies show the vaccine to be 85% effective at preventing severe COVID-19.



What it does

The J&J vaccine is a viral vector vaccine. It contains a harmless adenovirus, from a family of viruses that causes the common cold. The adenovirus in the vaccine carries a gene from the spike protein of the coronavirus. This teaches your body how to recognize and fight the coronavirus that causes COVID-19, like the other approved vaccines (Pfizer and Moderna).

What it doesn't do

- It doesn't give you COVID-19.
- It does not change your DNA or genetic material.
- It does not cause infertility.

What's in the Johnson & Johnson COVID-19 vaccine?

The J&J vaccine contains a modified adenovirus with information from the coronavirus on it. It also contains ingredients that help keep the vaccine stable: salts, sugars and other organic compounds.

The vaccine **does not** contain eggs, preservatives, latex, pork or other animal products, fetal cells or the coronavirus.

Who can get this vaccine?

Adults 18 years and older can get this vaccine. Talk with your doctor or clinic if you are pregnant or breastfeeding, or if you have any serious allergies.

Side effects & allergic reactions

Many people have mild side effects after getting the vaccine. This is a sign that your body is doing what it is supposed to do: building protection against the disease. Even if you don't have side effects, the vaccine is working to protect you.

- Common side effects include soreness or redness where you got the vaccine, a headache, tiredness and/or a low fever.
- These symptoms usually go away in a few days.

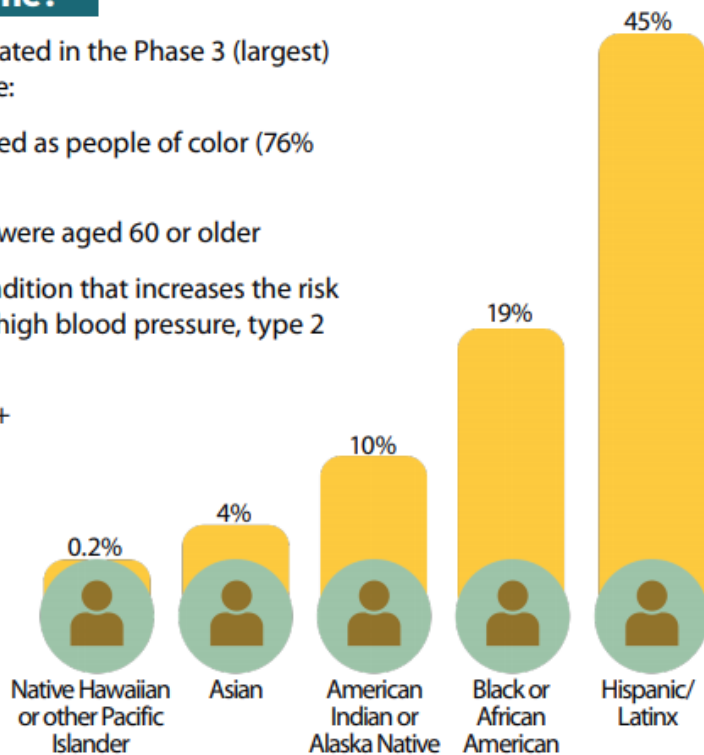
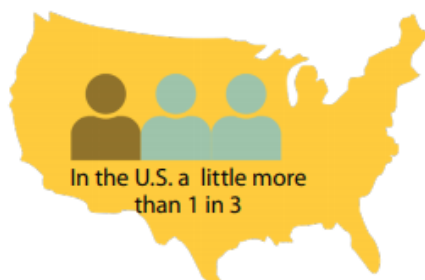
It is rare, but some people have had a severe allergic reaction. Everyone is asked to wait for a short time after vaccination to make sure there are no serious reactions.



Was it tested on people like me?

Almost 44,000 people worldwide participated in the Phase 3 (largest) studies for the Johnson & Johnson vaccine:

- About 35% of U.S. participants identified as people of color (76% worldwide)
- About 34% of worldwide participants were aged 60 or older
- About 41% had at least one health condition that increases the risk of severe COVID-19 disease including: high blood pressure, type 2 diabetes, and obesity
- Study participants were aged 18 to 65+



(Worldwide racial and ethnic categories as reported in the studies.)

No steps were skipped

Like the other approved vaccines, J&J completed all the usual steps for testing and approving a vaccine. Cooperation between researchers, the federal government and private companies shortened the usual timeline.

Support is available if you have questions or mixed feelings

You may feel hopeful that another vaccine will make it possible for more people to be vaccinated or for us to be around loved ones again. You may feel nervous. If you are a person of color, you may be wondering if you can trust vaccines from a medical system and a drug company that have broken trust with your community before. Medical racism in the past and present is real. It's understandable to have concerns. Learn more and get support:

- **Talk with your doctor or clinic.** If you don't have a doctor, call 2-1-1
- Call the [Oregon Statewide Racial Equity Support Line](#) if you've been mentally and emotionally impacted by racism: 503-575-3764
- Call the [Oregon Statewide Safe + Strong Helpline](#) for emotional support and resource referral. You don't need to be in crisis. 1-800-923-HELP (4357)

It will take some time before everyone who wants a vaccine will be able to get it. Continue to wash your hands, wear a mask, watch your distance, and keep gatherings small and brief, even if you get vaccinated.